Complete Summary

GUIDELINE TITLE

Prevention. In: Canadian consensus quidelines on human papillomavirus.

BIBLIOGRAPHIC SOURCE(S)

Steben M. Prevention. In: Canadian consensus guidelines on human papillomavirus. J Obstet Gynaecol Can 2007 Aug;29(8 Suppl 3):S23-5. [12 references]

GUIDELINE STATUS

This is the current release of the guideline.

COMPLETE SUMMARY CONTENT

SCOPE

METHODOLOGY - including Rating Scheme and Cost Analysis **RECOMMENDATIONS** EVIDENCE SUPPORTING THE RECOMMENDATIONS BENEFITS/HARMS OF IMPLEMENTING THE GUIDELINE RECOMMENDATIONS QUALIFYING STATEMENTS IMPLEMENTATION OF THE GUIDELINE INSTITUTE OF MEDICINE (IOM) NATIONAL HEALTHCARE QUALITY REPORT **CATEGORIES** IDENTIFYING INFORMATION AND AVAILABILITY

SCOPE

DISEASE/CONDITION(S)

Human papillomavirus (HPV) infection and HPV-related disorders including cervical cancer

GUIDELINE CATEGORY

Counseling Prevention Screening

DISCLAIMER

CLINICAL SPECIALTY

Family Practice Infectious Diseases Internal Medicine
Obstetrics and Gynecology
Pediatrics
Preventive Medicine

INTENDED USERS

Advanced Practice Nurses Allied Health Personnel Nurses Physician Assistants Physicians Public Health Departments

GUIDELINE OBJECTIVE(S)

To promote guidelines for health care providers on the key aspects of Human papillomavirus (HPV) infection and the management of HPV-related disease in the new era of vaccine availability

TARGET POPULATION

Sexually active women and adolescent girls

INTERVENTIONS AND PRACTICES CONSIDERED

- 1. Abstinence, including avoidance of skin-to-skin anogenital contact and the use of sex toys (primary prevention)
- 2. Human papillomavirus (HPV) education and awareness
- 3. Cervical cancer screening by cytology (secondary prevention)
- 4. Smoking cessation (for women with HPV infection or any stage of an associated disease)

MAJOR OUTCOMES CONSIDERED

- Prevalence of human papillomavirus (HPV) infection
- Incidence of HPV-related diseases

METHODOLOGY

METHODS USED TO COLLECT/SELECT EVIDENCE

Searches of Electronic Databases

DESCRIPTION OF METHODS USED TO COLLECT/SELECT THE EVIDENCE

Medline and Cochrane databases were searched for articles from January 1995 to March 2007 on subjects related to Human papillomavirus (HPV) infection, HPV vaccination, HPV-related disease, Pap testing, and specific consideration of management.

NUMBER OF SOURCE DOCUMENTS

Not stated

METHODS USED TO ASSESS THE QUALITY AND STRENGTH OF THE EVIDENCE

Weighting According to a Rating Scheme (Scheme Given)

RATING SCHEME FOR THE STRENGTH OF THE EVIDENCE

Studies were reviewed and evaluated for quality according to the method outlined by the Canadian Task Force on Preventive Health Care:

Quality of Evidence Assessment*

- I: Evidence obtained from at least one properly randomized controlled trial.
- II-1: Evidence obtained from well-designed controlled trials without randomization.
- II-2: Evidence obtained from well-designed cohort (prospective or retrospective) or case-control studies, preferably from more than one center or research group.
- II-3: Evidence obtained from comparison between times or places with or without the intervention. Dramatic results in uncontrolled experiments (such as the results of treatment with penicillin in the 1940s) could also be regarded as this type of evidence.
- III: Opinions of respected authorities, based on clinical experience, descriptive studies, or reports of expert committees.
- * The quality of evidence reported in these guidelines has been adapted from The Evaluation of Evidence criteria described in the Canadian Task Force on Preventive Health Care.

METHODS USED TO ANALYZE THE EVIDENCE

Systematic Review

DESCRIPTION OF THE METHODS USED TO ANALYZE THE EVIDENCE

All study types were reviewed. Randomized controlled trial results were considered evidence of the highest quality, followed by results of cohort studies. Key individual studies on which the recommendations are based are referenced. Supporting data for each recommendation were summarized with evaluative comments and references.

METHODS USED TO FORMULATE THE RECOMMENDATIONS

Expert Consensus

DESCRIPTION OF METHODS USED TO FORMULATE THE RECOMMENDATIONS

Not stated

RATING SCHEME FOR THE STRENGTH OF THE RECOMMENDATIONS

Classification of Recommendations* †

- A. There is good evidence to recommend the clinical preventive action
- B. There is fair evidence to recommend the clinical preventive action
- C. The existing evidence is conflicting and does not allow to make a recommendation for or against use of the clinical preventive action; however, other factors may influence decision-making
- D. There is fair evidence to recommend against the clinical preventive action
- E. There is good evidence to recommend against the clinical preventive action
- L. There is insufficient evidence (in quantity or quality) to make a recommendation; however, other factors may influence decision-making
- *Woolf SH, Battista RN, Angerson GM, Logan AG, Eel W. Canadian Task Force on Preventive Health Care. New grades for recommendations from the Canadian Task Force on Preventive Health Care. Can Med Assoc J 2003;169(3):207-8.
- † Recommendations included in these guidelines have been adapted from the Classification of Recommendations criteria described in the Canadian Task Force on Preventive Health Care.

COST ANALYSIS

A formal cost analysis is included in *Chapter 7: Cost-Benefit Analysis of HPV Vaccination* in the original guideline document.

METHOD OF GUIDELINE VALIDATION

Internal Peer Review

DESCRIPTION OF METHOD OF GUIDELINE VALIDATION

These guidelines were prepared by the human papillomavirus (HPV) Consensus Guidelines Committee and approved by the Executive and Council of the Society of Obstetricians and Gynaecologists of Canada.

RECOMMENDATIONS

MAJOR RECOMMENDATIONS

The grades of recommendations (A-E and L) and levels of evidence (I, II-1, II-2, II-3, and III) are defined at the end of the "Major Recommendations" field.

- Counseling and other educational activities should stress (a) that abstinence
 is the most efficient way to prevent the human papillomavirus (HPV) infection
 but must include avoidance of not only penetration of the vagina or the anus
 but also any anogenital contact and the sharing of sex toys, (b) that condoms
 have some efficacy against HPV infection only if used consistently, and (c)
 that disappearance of lesions is no guarantee that the patient is not still
 contagious. II-2B
- 2. Caesarean section does not prevent neonatal HPV and should be reserved for women for obstetrical indications. **II-2B**
- 3. Partner referral does not reduce the risk of re-infection and is not indicated as a preventative measure. **II-2 B**
- 4. Cervical cancer screening by cytology should be considered a secondary prevention method, intended to discover precancerous lesions and diminish the risk of their progression to cancer. **IA**
- 5. Smoking cessation should be strongly recommended to women with an HPV infection or any stage of an associated disease. **IA**

Definitions:

Levels of Evidence*

- I: Evidence obtained from at least one properly randomized controlled trial.
- II-1: Evidence obtained from well-designed controlled trials without randomization.
- II-2: Evidence obtained from well-designed cohort or case-control studies, preferably from more than one center or research group.
- II-3: Evidence obtained from comparison between times or places with or without the intervention. Dramatic results in uncontrolled experiments (such as the results of treatment with penicillin in the 1940s) could also be regarded as this type of evidence.
- III: Opinions of respected authorities, based on clinical experience, descriptive studies, or reports of expert committees.

Grades of Recommendations*†

- A. There is good evidence to recommend the clinical preventive action
- B. There is fair evidence to recommend the clinical preventive action

^{*}The quality of evidence reported in these guidelines has been adapted from The Evaluation of Evidence criteria described in the Canadian Task Force on Preventive Health Care.

- C. The existing evidence is conflicting and does not allow to make a recommendation for or against use of the clinical preventive action; however, other factors may influence decision-making
- D. There is fair evidence to recommend against the clinical preventive action
- E. There is good evidence to recommend against the clinical preventive action
- L. There is insufficient evidence (in quantity or quality) to make a recommendation; however, other factors may influence decision-making
- * Woolf SH, Battista RN, Angerson GM, Logan AG, Eel W. Canadian Task Force on Preventive Health Care. New grades for recommendations from the Canadian Task Force on Preventive Health Care. Can Med Assoc J 2003;169(3):207-8.
- † Recommendations included in these guidelines have been adapted from the Classification of Recommendations criteria described in the Canadian Task Force on Preventive Health Care.

CLINICAL ALGORITHM(S)

None provided

EVIDENCE SUPPORTING THE RECOMMENDATIONS

TYPE OF EVIDENCE SUPPORTING THE RECOMMENDATIONS

The type of supporting evidence is identified and graded for each recommendation (see "Major Recommendations").

BENEFITS/HARMS OF IMPLEMENTING THE GUIDELINE RECOMMENDATIONS

POTENTIAL BENEFITS

- Appropriate screening and management of human papillomavirus (HPV) infection and associated diseases
- Reduction in the risk of HPV acquisition and burden of disease

POTENTIAL HARMS

Not stated

QUALIFYING STATEMENTS

QUALIFYING STATEMENTS

This document reflects emerging clinical and scientific advances on the date issued and is subject to change. The information should not be construed as dictating an exclusive course of treatment or procedure to be followed. Local institutions can dictate amendments to these opinions. They should be well documented if modified at the local level. None of these contents may be

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IMPLEMENTATION OF THE GUIDELINE

DESCRIPTION OF IMPLEMENTATION STRATEGY

An implementation strategy was not provided.

INSTITUTE OF MEDICINE (IOM) NATIONAL HEALTHCARE QUALITY REPORT CATEGORIES

IOM CARE NEED

Staying Healthy

IOM DOMAIN

Effectiveness Patient-centeredness

IDENTIFYING INFORMATION AND AVAILABILITY

BIBLIOGRAPHIC SOURCE(S)

Steben M. Prevention. In: Canadian consensus guidelines on human papillomavirus. J Obstet Gynaecol Can 2007 Aug;29(8 Suppl 3):S23-5. [12 references]

ADAPTATION

Not applicable: The guideline was not adapted from another source.

DATE RELEASED

2007 Aug

GUIDELINE DEVELOPER(S)

Society of Obstetricians and Gynaecologists of Canada - Medical Specialty Society

SOURCE(S) OF FUNDING

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FINANCIAL DISCLOSURES/CONFLICTS OF INTEREST

Disclosure statements have been received from all members of the committees.

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Canadian Association for Adolescent Health - Medical Specialty Society
Canadian Pediatric and Adolescent Gynaecology and Obstetrics Committee Medical Specialty Society
Federation of Medical Women of Canada - Professional Association
Quebec Association of Pediatricians - State/Local Government Agency [Non-U.S.]
Society of Canadian Colposcopists - Professional Association
Society of Gynecologic Oncologists of Canada - Disease Specific Society

GUIDELINE STATUS

This is the current release of the guideline.

GUIDELINE AVAILABILITY

Electronic copies: Available in Portable Document Format (PDF) from the <u>Society</u> of Obstetricians and Gynaecologists of Canada Web site.

Print copies: Available from the Society of Obstetricians and Gynaecologists of Canada, La société des obstétriciens et gynécologues du Canada (SOGC) 780 promenade Echo Drive Ottawa, ON K1S 5R7 (Canada); Phone: 1-800-561-2416

AVAILABILITY OF COMPANION DOCUMENTS

None available

PATIENT RESOURCES

None available

NGC STATUS

This NGC summary was completed by ECRI Institute on July 6, 2009. The information was verified by the guideline developer on July 14, 2009.

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